

California Department of Aging

Supplemental Nutrition Assistance Program-Education (SNAP-Ed)

Program Code - 3890100

Description

The SNAP-Ed Program provides evidence-based nutrition education and obesity prevention services to older adults age 60 and older at eligible Title III C congregate nutrition sites and other venues. Through SNAP-Ed interventions, AAAs and their contractors offer nutrition education and obesity prevention services based on United States (U.S.) Department of Agriculture, Food and Nutrition Services-approved, evidence-based nutrition education and obesity prevention programs. In addition, the Program incorporates policy, systems, and environmental change (PSE) strategies and, in some areas, social marketing related to Program goals.

Benefits

The Program's purpose is to increase participants' knowledge of how to make healthy food choices on a limited budget and engage in more active lifestyles in their homes and communities. The Program seeks to increase participants' consumption of fruits and vegetables, whole grains, fat-free or low-fat milk and milk products, and their ability to maintain an appropriate calorie balance. The Program also promotes physical activity appropriate to the needs and limitations of older adults. PSE strategies support healthy behavioral changes among older adults in the community.

Eligibility

<i>Income</i>	At or below 185 percent of the federal poverty guidelines (FPG).
<i>Age</i>	60 and older.
<i>Other</i>	<p>The SNAP-Ed eligible population comprises CalFresh recipients age 60 and older (i.e., persons with incomes at or below 130 percent of the FPG) and SNAP-Ed eligible individuals (i.e., persons with incomes at or below 185 percent of the FPG) age 60 or older. Program sites must meet CDA SNAP-Ed eligibility standards using 1 of 4 methodologies:</p> <ul style="list-style-type: none">• <u>Methodology 1</u> – The site address must be within an eligible low-income census tract with greater than 50 percent of residents having incomes at or below 185 percent of the FPG.

Eligibility, *Continued*

<i>Other, (continued)</i>	<ul style="list-style-type: none">• <u>Methodology 2</u> – The setting is qualified based on the population it serves and not its physical location (e.g., public housing, Commodity Food Distribution sites, etc.).• <u>Methodology 3</u> - Fifty percent of site participants must have incomes at or below 100 percent of the FPG as determined by income levels identified on intake forms.• <u>Methodology 4</u> – Fifty percent of site participants must have incomes at or below 185 percent of the FPG as determined by individual participant queries conducted at the meal site.
-------------------------------	---

Access

Information on the SNAP-Ed Program is available through the statewide toll-free Senior Information Line at **1-800-510-2020** and the California Department of Aging website at www.aging.ca.gov.

Current State Fiscal Year (FY) Funding Information (2016-17)

<i>Source</i>	<ul style="list-style-type: none">• U.S. Department of Agriculture, Food and Nutrition Service.• SNAP-Ed Grant federal funds.
<i>Match Requirements</i>	N/A.
<i>Other Funding Information</i>	FY 2016-17 SNAP-Ed funds decreased as a result of amendments to the Healthy, Hunger-Free Kids Act of 2010 and the Supplemental Nutrition Assistance Program.
<i>Other Funding Information (continued)</i>	In State Fiscal Year (SFY) 2014-15, AAAs received grant funds based on the Federal Fiscal Year (FFY). CDA adjusted the SFY 2014-15 AAA SNAP-Ed contract period to align the budget and reporting process with the FFY. The contract period is October 1, 2016 through September 30, 2017.
<i>Funding Cycle</i>	October 1 - September 30.